A list of restaurants, supermarkets, department stores, travel deals and other types of offers giving various discounts with different age requirements.

YOU must ASK for your discount!

RESTAURANTS:
Applebee's: 15% off with Golden Apple Card (60+)
Arby's: 10% off (55+)
Ben & Jerry's: 10% off (60+)
Bennigan's: Discount varies by location (60+)
Bob's Big Boy: Discount varies by location (60+)
Boston Market: 10% off (65+)
Burger King: 10% off (60+)
Chick-Fil-A: 10% off or free small drink or coffee (55+)
Chili's: 10% off (55+)
CiCi's Pizza: 10% off (60+)
Denny's: 10% off, 20% off for AARP members (55 +)
Dunkin' Donuts: 10% off or free coffee (55+)
Einstein's Bagels: 10% off baker's dozen of bagels (60+)
Fuddrucker's: 10% off any senior platter (55+)
Gatti's Pizza: 10% off (60+)
Golden Corral: 10% off (60+)
Hardee's: \$0.33 beverages everyday (65+)
IHOP: 10% off (55+)
Jack in the Box: Up to 20% off (55+)
KFC: Free small drink with any meal (55+)
Krispy Kreme: 10% off (50+)
Long John Silver's: Various discounts at locations (55+)
McDonald's: Discounts on coffee everyday (55+)
Mrs. Fields: 10% off at participating locations (60+)
Shoney's: 10% off
Sonic: 10% off or free beverage (60+)
Steak 'n Shake: 10% off every Monday & Tuesday (50+)
Subway: 10% off (60+)
Sweet Tomatoes: 10% off (62+)
Taco Bell : 5% off; free beverages for seniors (65+)
TCBY: 10% off (55+)
Tea Room Cafe: 10% off (50+)
Village Inn: 10% off (60+)
Waffle House: 10% off every Monday (60+)
Wendy's: 10% off (55 +)
Whataburger: 10% off (62+)
White Castle : 10% off (62+)
<u>RETAIL & APPAREL</u> :
Banana Republic: 30% off (50+)
Bealls: 20% off first Tuesday of each month (50+)
Belk's:15% off first Tuesday of every month (55+)
Big Lots: 30% off

Bon-Ton Dept	15 % off on senior discount days (55 +)			
C.J. Banks:	10% off every Wednesday (50+)			
Clarks :	10% off (62+)			
Dress Barn:	20% off (55+)			
Goodwill:	10% off one day a week (date varies by location)			
Hallmark:	10% off one day a week (date varies by location)			
Kmart:	40% off (Wednesdays only) (50+)			
Kohl's:	15% off (60+)			
Modell's Sporti	ng Goods: 30% off			
Rite Aid:	10% off on Tuesdays & 10% off prescriptions			
Ross Stores:	10% off every Tuesday (55+)			
The Salvation A	The Salvation Army Thrift Stores: Up to 50% off (55+)			
Stein Mart:	20% off red dot/clearance items first Monday of every month (55 +)			

GROCERY:

Albertson's:	10% off first Wednesday of each month (55 +)			
American Discount Stores: 10% off every Monday (50 +)				
Compare Foods Super	market: 10% off every Wednesday (60+)			
DeCicco Family Marke	ts: 5% off every Wednesday (60+)			
Food Lion:	60% off every Monday (60+)			
Fry's Supermarket:	Free Fry's VIP Club Membership & 10% off every Monday (55 +)			
Great Valu Food Store	: 5% off every Tuesday (60+)			
Gristedes Supermarke	t: 10% off every Tuesday (60+)			
Harris Teeter:	5% off every Tuesday (60+)			
Hy-Vee:	5% off one day a week (date varies by location)			
Kroger:	10% off (date varies by location)			
Morton Williams Supe	rmarket: 5% off every Tuesday (60+)			
The Plant Shed:	10% off every Tuesday (50 +)			
Publix:	15% off every Wednesday (55 +)			
Rogers Markelace:	5% off every Thursday (60+)			
Uncle Guiseppe's Mar	ketplace: 15% off (62+)			

TRAVEL :

Airlines:	
Alaska Airlines:	50% off (65+)
American Airlines:	Various discounts for 50% off non-peak periods (Tuesdays - Thursdays) (62+)
and up (call before bo	oking for discount)
Continental Airlines: destinations	No initiation fee for Continental Presidents Club & special fares for select
Southwest Airlines:	Various discounts for ages 65 and up (call before booking for discount)
United Airlines:	Various discounts for ages 65 and up (call before booking for discount)
U.S. Airways:	Various discounts for ages 65 and up (call before booking for discount)
Rail: Amtrak:	15% off (62+)
Bus: Greyhound:	15% off (62+) Trailways Transportation System: various discounts for ages 50+
Car Rental :	

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Avis:	Up to 25% off for AARP members
Budget Rental Cars:	40% off; up to 50% off for AARP membe rs (50+)
Dollar Rent-A-Car:	10% off (50+)
Enterprise Rent-A-Ca	r: 5% off for AARP members
Hertz:	Up to 25% off for AARP members
National Rent-A-Car:	Up to 30% off for AARP members

Overnight Accommodations:

Holiday Inn:	20-40% off depending on location (62+)
Best Western:	40% off (55+)
Cambria Suites:	20%-30% off (60+)
Waldorf Astoria - NY	C: \$5,000 off nightly rate for Presidential Suite (55 +)
Clarion Motels:	20%-30% off (60+)
Comfort Inn:	20%-30% off (60+)
Comfort Suites:	20%-30% off (60+)
Econo Lodge:	40% off (60+)
Hampton Inns & Suite	es: 40% off when booked 72 hours in advance
Hyatt Hotels:	25%-50% off (62+)
InterContinental Hot	els Group: Various discounts at all hotels (65+)
Mainstay Suites:	10% off with Mature Traveler's Discount (50+); 20%-30% off (60+)
Marriott Hotels:	25% off (62+)
Motel 6:	Stay Free Sunday nights (60+)
Myrtle Beach Resort:	30% off (55 +)
Quality Inn:	40%-50% off (60+)
Rodeway Inn:	20%-30% off (60+)
Sleep Inn:	40% off (60+)

ACTIVITIES & ENTERTAINMENT :

AMC Theaters:	Up to 30% off (55 +)
Bally Total Fitness:	\$100 off memberships (62+)
Busch Gardens Tampa, FL:	\$13 off one-day tickets (50 +)
Carmike Cinemas:	35% off (65+)
Cinemark/Century Theaters	: Up to 35% off
Massage Envy - NYC:	20% off all "Happy Endings" (62 +)
U.S. National Parks:	\$10 lifetime pass; 50% off additional services including camping (62+)
Regal Cinemas:	50% off Ripley's Believe it or Not: @ off one-day ticket (55 +)
SeaWorld, Orlando, FL :	\$3 off one-day tickets (50 +)

CELL PHONE DISCOUNTS :

AT&T:	Special Senior Nation 200 Plan \$19.99/month (65+)
Jitterbug:	\$10/month cell phone service (50 +)
Verizon Wireless:	Verizon Nationwide 65 Plus Plan \$29.99/month (65+).

MISCELLANEOUS:

Great Clips:\$8 off hair cuts (60+)Supercuts:\$8 off haircuts (60+)

NOW, go out there and claim your discounts ---- and remember ----

YOU must ASK for your discount ---- no ask, no discount.

I know everyone knows someone over 50...please pass this on